



# MISSOURI BAPTIST UNIVERSITY ATHLETIC TRAINING

## Visiting Team Athletic Trainers

On behalf of our Sports Medicine staff, we would like to take the opportunity to welcome you and your athletic team to Missouri Baptist University (MBU) and St. Louis, Missouri. We look forward to an enjoyable and injury free contest.

The athletic training room is located in suite 200 in Muncy Gymnasium on the MBU campus. The athletic training room will be open approximately two and a half hours before game time. There will be ice, hydrocollator, whirlpool, ultrasound, and electrical stimulation available for your use. Please notify the MBU athletic training staff if a certified athletic trainer will not be traveling with the team. If your team is not traveling with a certified athletic trainer, we ask that you send treatment instructions with the athletes and the necessary supplies that will be needed.

All soccer, lacrosse, and tennis games and matches take place off campus at various locations in the St. Louis area. These fields do not have an athletic training room available. If your athletes need heat or an electrical modality treatment prior the game, we suggest you use the athletic training room that is located on the MBU campus prior to arriving to the athletic field.

A certified athletic trainer will be present on the MBU bench if assistance is needed during contests.

The following supplies will be present for you during the contest:

- Ten gallon cooler with ice and water
- Ice, ice bags, plastic wrap, and a scoop
- Cups
- Biohazard bag
- Splints and emergency equipment will be available on the home sideline, if needed.

## Athletic Training Personnel

Meredith Dill, MS, ATC Head Athletic Trainer	314-392-2399
Matt Wallace, MS, ATC Assistant Athletic Trainer	314-744-5380
Jamie Herron, MS, ATC Assistant Athletic Trainer	314-392-2281
Ashley Mettlach, BS, ATC Graduate Assistant Athletic Trainer	314-392-2281

## **MBU Sports Medicine Affiliates**

### **Team Physicians**

#### **Dr. Glenn Johnson, MD**

Team Physician  
Parkcrest Orthopedics  
845 New Ballas Ct. Suite 130  
St. Louis, MO 63141  
(314) 997-1777

#### **Dr. David Crane, MD**

Team Physician  
Crane Clinic Sports Medicine  
219 Chesterfield Towne Centre  
Chesterfield, MO 63005  
(636) 449-7400

### **Team Chiropractors**

#### **Dr. Laney Nelson, DC, DACBSP**

Team Chiropractor  
Logan College of Chiropractic  
1851 Schoettler Road  
PO Box 1065  
Chesterfield, MO 63006  
(636) 227-2100

## **Hospital Information**

The following three hospitals are located in close proximity to MBU campus and the off campus athletic fields that we play on.

### **Missouri Baptist Hospital**

3015 North Ballas Road  
St. Louis, Missouri 63131  
314-996-5000

### **St. John's Mercy Medical Center**

615 S. New Ballas Road St. Louis, MO 63141 314-251-6000

### **Des Peres Hospital**

Kirkwood, Missouri 63122  
2345 Dougherty Ferry Road  
314-996-9100